

Meru Climbing



MOMELLA ROUTE (DURATION: 3-4 DAYS)

OVERVIEW:

Located at the heart of Arusha National Park, and standing at a whopping 4,568 metres, Meru is Africa's fifth highest Mountain. Many say this is of Africa's most beautiful volcanoes, and offers many opportunities to spot a wide variety of plant and animal life whilst making your ascent. Your efforts will be rewarded with a unique scenic splendour that may even include a breathtaking view of Kilimanjaro which lies over 40 miles to the west. Meru is a relatively steep albeit short climb in comparison to Kilimanjaro, but all your equipment and supplies will be carried up the mountain by our friendly porters and delicious meals will be made for you each day. You can climb at any time of year but it tends to be wet around February – June, so any other month would be preferable.

Below is an example itinerary, all our programmes are flexible and tailored to the individual groups so please let us know if you would like to make any changes.

The day before your climb you will receive a full briefing from our climbing team, all your equipment will receive a final check and we will be able to answer any of your questions.

DAY 1

MOMELLA GATE (1,500M) to MIRIAKAMBA HUT (2,514M)

HIKING TIME: APPROX FIVE HOURS

HABITAT: MOUNTAIN FOREST

After breakfast your guides will come to collect you and you will drive from the lodge to Momella village/gate. After registering at the gate you will begin by entering the forest. Living up to its name, there is a possibility of rain in the forest, which may transform the trail into a rather muddy and slippery experience.

You will have a welcome packed lunch stop about half way at a giant Fig Tree archway and will reach Miriakamba Hut in the late afternoon at which time the sheer cliffs and ash cone should be visible. The crew will get everything organised for you and all you have to do is sit back, relax and enjoy the great outdoors.

DAY 2

MIRIAKAMBA HUT (2,514M) to SADDLE HUT (3,570M)

HIKING TIME: APPROXIMATELY 4 HOURS

HABITAT: MOORLAND

This day's climb will be short, but significantly steeper as you make your way out of the Mountain forest and on to Meru's half-way point known as Elephant Ridge. Further on you will come across stands of giant heather, and should be able to enjoy views of both the crater floor and the summit ridge. Lunch will be provided upon your arrival at the camp and you can use the rest of the afternoon to explore the surrounding areas and relax. For the more adventurous, you can also have a go at "little Meru" which stands at 3820 metres. The sunsets at both Saddle Hut and Little Meru are amazing so be sure to have your camera handy.

DAY 3

SADDLE HUT (AT 3,840M) to SOCIALIST PEAK (AT 4,566M) to MIRIAKAMBA HUT (AT 2,514M)

HIKING TIME: APPROXIMATELY ELEVEN HOURS

HABITAT: ASHEN RIDGES AND ROCKY SLOPES

At about 02h00 you will be awoken to some tea and biscuits and will make a move into the night. The first task of the day is to make the steep climb to Rhino Point (3,800m) and then make your way along the ridgeline to Cobra Point (4,350m) to catch the sunrise. This is definitely where you want to be when the sun comes up so that you can see Kilimanjaro rising high above the cloud line, not to mention the fresh morning glow upon the cliffs and the ash cone below. The summit, Socialist Peak (4566m), can be reached in an hour or so on a good albeit steep path. The journey back down towards Rhino Point takes you down a rather precarious ridge, and is definitely not recommended for individuals that suffer from vertigo. Indeed weather conditions often make it impossible to ascend beyond Rhino Point.

Brunch will be prepared for you at Saddle Hut where you will have a break before making your way down to Miriakamba Hut for the night.

DAY 4

MIRIAKAMBA HUT (2,514M) to MOMELLA GATE (1,500M)

HIKING TIME: APPROXIMATELY THREE HOURS

HABITAT: OPEN GRASSLAND/SAVANNAH

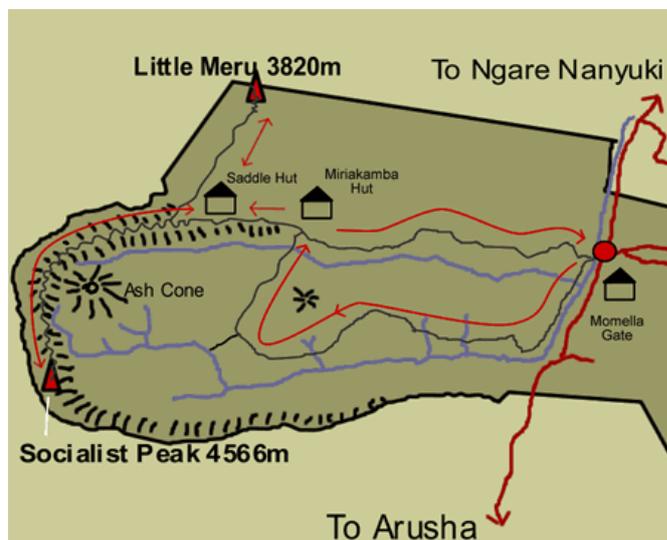
Taking a more direct route to the Gate, you will have the opportunity to see more wildlife as you make your way out of the National Park. Once at the gate, you will be picked up and brought back to Lodge for a well deserved meal.

With reference to the quote, we shall be providing you with all your camping equipment, along with tents and sleeping mats. What are not included are sleeping bags (although these can be hired), water canteens, flashlights and clothing, of which I have provided a list of suggestions.

EQUIPMENT

- 1 Mountaineering Sleeping bag (usually a -10 degree rating or better is recommended)
- 1 litre water canteen (sturdy plastic or steel).
- 1 LED Flashlight with spare batteries - or if you can get a wind-up one that is even better!
- 1 Pair of comfortable trekking boots
- 2 pairs of thick thermal socks and several pairs of regular socks
- 2 Fleeces
- 1 down jacket or long-sleeved wind-breaker (down jacket is unnecessary if you have good fleeces)
- 1 set of thermal underwear (i.e. thermal vest & long-johns)
- 2 pairs of trekking trousers
- 1 waterproof jacket
- 1 pair of waterproof trousers
- 1 balaclava or ski-mask
- 1 sun hat
- water purification tablets

Contact our office for a quote
info@savannahexplorers.com



The price includes transfers listed in the program, professional staff (guides, cooker and porters), park fees, food, mineral water, rescue fees and camping gear (except the sleeping bag).

For more details see "[booking conditions](#)" on our website.